



**VENE**

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# Care binder template

A printable binder structure to keep your child's whole care plan in one place.

*Print these pages and slip them into a 3-ring binder with tab dividers. Fill in what you know — leave blank what you don't. Update after every major appointment.*

## Tab 1 — Emergency & contacts

Child's full name & date of birth

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Primary diagnosis(es)

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Allergies

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Emergency contacts (name, relationship, phone)

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Primary pediatrician (name, phone, after-hours)

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Specialists (name, specialty, phone)

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Preferred hospital / ER

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Insurance: company, member ID, phone

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## Tab 2 — Medications

Medication name | Dose | How given | Schedule | Prescriber | Pharmacy

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Medication name | Dose | How given | Schedule | Prescriber | Pharmacy

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Medication name | Dose | How given | Schedule | Prescriber | Pharmacy

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Rescue / emergency medications & when to use

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Supplements & vitamins

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**Tab 3 — Therapies & equipment**

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PT / OT / Speech / ABA — provider, frequency, goals

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Home nursing or aide schedule

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Equipment list (wheelchair, feeding pump, ventilator, etc.)

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DME supplier contact

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Equipment maintenance schedule

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## Tab 4 — Appointments & notes

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Upcoming appointments (date, doctor, purpose)

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Recent hospitalizations (dates, reason, key outcomes)

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Questions for next visit

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Notes from last visit

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## Tab 5 — Daily care snapshot

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Typical day schedule (wake, meals, meds, therapies, sleep)

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Feeding instructions

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Seizure or episode protocol

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Behavioral supports that work

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What calms my child

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What to avoid

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## Tab 6 — Insurance & paperwork

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Prior authorizations (what, status, renewal date)

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Medicaid / waiver case manager

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School: IEP or 504 contact

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Important document locations (portal logins, record requests)

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